

**SET YOUR YEARLY GOALS ON
THE THE RIGHT TRACK WITH A
30-DAY CHALLENGE!**



Are you tired of yearly resolutions that don't stick. Then start a 30-day challenge each month which can release that year long burden and help you attain your goals one month at a time. -- *Wyetha*

MONTH: _____

END OF MONTH REVIEW

COMPLETED MONTHLY 30-DAY CHALLENGES

This is your space to show off what you've accomplished. Write the year above this paragraph, and take the challenges you've stuck with each month and list them below. Through a process of elimination you've stuck with the challenges that worked and dropped the ones that didn't, and created a customized plan for joy.

JANUARY:

FEBRUARY:

MARCH

APRIL:

MAY:

JUNE:

JULY:

AUGUST:

SEPTEMBER:

OCTOBER:

NOVEMBER:

DECEMBER: